

# Career Coaching by Valerie

## Interview Coaching

Many young professionals are not savvy enough or experienced and confident in job interviewing. Some senior professionals who have found themselves in a career transition, may be rusty too. Job interviewing has changed over the years, and multiple interviews are not uncommon before the top candidate is selected for the position. With the onset of the pandemic, all job interviews went virtual, and some candidates may have found themselves not technologically prepared. As the pandemic restrictions are lifted, some companies may continue to choose a hybrid approach to candidate interviews. Job candidates must be prepared. This is where interview coaching can help you.

## What is Interview Coaching?

Interview coaching helps a job applicant feel confident and get prepared for the job interview. The applicant is guided through the process and able to work with a coach to talk through various scenarios from the types of interview questions asked to salary negotiations. The applicant will be able to role-play and obtain feedback.

## Let Career Coaching by Valerie will help you:

- Prepare for your next job interview
- Feel confident
- Research information about the organization
- Practice interviewing skills (virtual or in-person)
- Negotiate salary and compare offers

Book a One-on-One Interview Coaching appointment

**For more information and coaching fees: Contact Valerie at:  
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