

Career Coaching by Valerie

Career Coaching

Professional people need coaches just like athletes. There comes a time in one's career where advancement ceases or your job becomes a dead in. Perhaps, the job you are in didn't require a résumé, so you had no need for one. Or, perhaps you decided to return to school for advance training and now you are ready to apply for positions in a new field of work. But, you still need to discuss your options with someone who can guide you. This is where career coaching can help you.

What is Career Coaching?

Career coaching is a results-approach to making career decisions. The goal of career coaching is to empower professionals by helping them make informed decisions about managing their careers.

Let Career Coaching by Valerie will help you:

- Define your career goals and gain confidence
- Find great jobs and apply
- Improve your résumé and cover letters – highlight your strengths
- Practice interviewing skills
- Build a strong LinkedIn profile

Book a One-on-One Career Coaching appointment

**For more information and coaching fees: Contact Valerie at:
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